# **Personal Reflection**

During this time of reflection, walk through this passage from the book of Mark and imagine what it would like to be there. What do you see, what do you feel, what do you smell? Even though we were not there when this happened, this story is us and was for us. Take as much time as you need with each question, there is no right or wrong way to do this. This time is for you and Jesus.

12On the first day of the Feast of Unleavened Bread, the customary day when the Passover lamb is sacrificed, His disciples wondered where they  
would celebrate the feast.

Disciples: Where do You want us to go and make preparations for You to eat the Passover meal? 13So again He sent two of His disciples ahead and told them to watch for a man carrying a jar of water.

Jesus: Follow that man; 14and wherever he goes in, say to the owner of the house,  
“The Teacher asks, ‘Where is the guest room where I can eat the Passover meal with My disciples?’” 15He will take you upstairs and show you a large room furnished and ready. Make our preparations there.  
Mark 14:12-15 *The Voice*

# **How has Jesus made preparations for you to come to the table this weekend or in the past?**

16So the two left and went into the city. All was as Jesus had told them, and they prepared the meal in the upper room. 17That evening Jesus and the twelve arrived  
and went into the upper room; 18and each reclined around the table,  
leaning upon an elbow as he ate.  
  
Mark 14:16-18 The Voice

Imagine yourself in that large upper room, your favorite food laid out on the table, comfortable enough you can recline as you eat, surrounded by friends. Jesus looks over at you says come my daughter rest and take a seat at the table.

# **What is your response to Jesus, is there hesitation, willingness, gratitude in that moment?**

Jesus: I tell you in absolute sincerity, one of you eating with  
 Me tonight is going to betray Me.

19The twelve were upset. They looked around at each other.

Disciples (one by one): Lord, it’s not I, is it?

Jesus: 20It is one of you, the twelve—one of you who is dipping  
your bread in the same dish that I am.  
Mark 14:18-20 The Voice

It is terribly easy to read this passage and say that is not me. I would never be the one who betrays Jesus. I would never be Judas. But in reality, we all fail and even when we have the best of intentions, our humanness can get the best of us.

# **Imagine yourself at that table in this conversation what kind of tone of voice did you hear from Jesus and the disciples when reading this passage? What does it feel like to say, “Lord, it’s not I, is it?”**

22As they ate, Jesus took bread, offered a blessing, and broke it. He handed the pieces to His disciples.

Jesus: Take this [and eat it]. This is My body.

23He took a cup of wine; and when He had given thanks for it,  
He passed it to them, and they all drank from it.

Jesus: 24This is My blood, a covenant poured out on behalf of many.

25Truly I will never taste the fruit of the vine again until the day  
when I drink it new in the kingdom of God.  
  
Mark 14:22-25 The Voice

Even though Jesus knew who his betrayer was and that each one of them would fail Him in some way, Jesus STILL broke bread with them. Just like communion, He willingly shared his body and blood as a sacrifice for all of them and you. Jesus desires that no matter our flaws we can break bread with him one day in His Kingdom.   
  
**What does that mean to you that Jesus was willing to go to the cross for you so that in the end he could provide you a seat at the table in His Kingdom?**

26After the meal, they sang a psalm and went out of the city to the Mount of Olives.  
Mark 14:26

After that meal in the upper room, they sang together and worshipped. If you were singing with them that night, know knowing what was coming for Jesus and what He will continue to do for you, what kind of words would be in your song?

# **Feel free to write, draw, walk around, doodle, sing, hum in these last few moments by yourself while the Holy Spirit is speaking to your heart.**